

FAST FACTS

about CRS Teen Transition Clinic

What is Teen Transition Clinic (TTC)?

TTC is a team clinic to help youth with special health care needs who are 12 to 21 make the transition to adult life – whether that means postsecondary education, the workplace or the community.

What is involved?

Before attending TTC, the young person participates in a pre-vocational evaluation. The results are used to assist in planning additional services and seeking supports and accommodations that may be needed after high school.

During clinic, the young person and his family work together with the clinic team to explore and address issues and options in planning for the future. Clinic topics include:

- Education
- Physical and emotional health
- Independent living
- Employment
- Adaptive equipment
- Recreation
- Social relationships and sexuality

After completing TTC, the youth and his or her family are given a written summary of information from the clinic visit, along with team members' suggestions and resources for further planning.

Who is involved?

In addition to the youth and his family, the TTC team consists of the following professionals:

- Pediatrician/adolescent medicine specialist
- Rehabilitation technology specialist
- Vocational assessment specialist
- Clinic coordinator
- Vocational Rehabilitation services specialist
- Physical medicine specialist
- Vocational Rehabilitation transition specialist
- Independent living specialist
- Social worker
- Recreation specialist

The team also encourages participation of parents, relatives, friends, service providers, counselors, and school staff who have a special interest in helping the young person and family achieve his or her goals for independence. Referrals and/or appointments may be made by adolescents and young adults, their parents, CRS staff, teachers, doctors, therapists, and others.

*For more information
about the Teen Transition Clinic in your area,
call 1-800-846-3697,
or visit www.rehab.alabama.gov/crs*



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